Updated: 10/30/25 https://www.bghelps.org/

May God bless you, keep you and may his light shine on you.

Bowling Green Community Resources

Food Banks:

Greenwood Park Church 1818 Campbell Lane Tues. & Thurs. 8:30-11:30 am Spanish translator available *(270) 781-0700*	**Calvary Care Center** 480 Beauty Ct, 2nd Monday 9am -1pm 2nd Tues. 9am – 12pm *(270) 842-5554*	**Community Action of Southern KY** 200 East 4th St. M-F 9AM-2PM *(270) 784-4484*
Ephram White Park 885 Mt Olivet Road M-F 8am-6pm Sunday 1-6pm Call for appointment. 2nd Mon. is public TEFAP distribution. *270-282-8610*	**First Christian Church of BG** 1106 State Street M 10am -12pm Wed 4:30pm – 6:30pm Th 1-3pm *270-843-3191*	**House on the Hill** 1333 Magnolia St. Call for appointment. Tue, Wed, Thursday 10am-12pm *270-532-3595*
Faith United Methodist 600 Veterans Memorial Ln. Wed. 9am – 12pm *(270) 843-8430*	**First Baptist Church** 621 East 12th Avenue Monday – Wed. 10am – 12pm *(270) 842-0331*	**Feeding America** 938 Morgantown Rd 4th Wed. 8:30am -11:30am *(270)769-6997*
Hillvue Heights Baptist Church 3219 Nashville Road Monday – Fri. 9am – 4:30pm *(270) 842-0012*	**State Street Baptist Church** 340 State Street Tue, Thurs. & Fri 9am – 12pm *(270) 843-8016*	**First Christian Church** 1106 State Street Mon,Wed,Thur. 4:30pm – 6:30pm *(270) 843-3191*
St. Vincent DePaul 1133 Adams Street Thur. 9:30 am – 11:30 am *(270) 393-9800* (call before going) 4754 Smallhouse Road Thur. 9:30 am – 11:30 am 270-781-0432	**Salvation Army** 400 West Main Street Monday & Thurs. 10:30 Fresh foods 1st Thurs. 9am Food boxes *(270) 843-3485*	**Presbyterian Church** 1003 State Street Monday – Thurs. 8am – 4:30pm Friday 8am – 12pm *(270) 843-4707*
La Luz Del Mundo 1200 Clay Street M-F 4pm-7pm Bilingual service available. *270-790-1758*	**Miracle Life Center** 100 Nellums Ave 4th Sunday 12pm-2pm Senior boxes 60+ call to apply *270-904-0001*	**Meadowland Baptist Church** 1188 Detour Road 3rd Friday 10am-12pm Call for emergency food *270-991-1663*
SOKY Patriots Smiths Grove Baptist church First full week Wed. 9am-11:30 Call for emergency food (dial 211) *270-535-9161*	**Mt. Zion Baptist Church** 938 Morgantown Road Wed. 8:30-11:30 TEFAP – last Wed. 8:30-11:30 *270-791-7548*	**State Street United Methodist Church** 416 11th Avenue Tues. & Thur. 10am-12pm *(270) 842-8171*

Feeding America - https://feedingamericaky.org/find-help/ Rhonda Gonzales 270-769-6997

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**

Updated: 10/30/25 https://www.bghelps.org/

Free Meals:

Monday		**Salvation Army** 400 West Main 11:30am – 12:30pm *(270) 843-3485*		
Tuesday	**Salvation Army** 11:30am -12:30pm			
Wednesday	**Christ Episcopal Church** 1215 State Street 11am – 12pm *(270) 843-6563*	**Wellness Connection** 428 Center Street 11am -12pm *(270) 901-5463* ***Christ Episcopal Church*** 1215 State St 11am-12pm *(270) 843-6563*	**Salvation Army** 11:30am - 12:30pm	
Thursday	**Salvation Army** 11:30am -12:30pm	**Fountain Square Church** **929 Collage Street** 6pm *(270)781-1097*		
Friday	**Salvation Army** 11:30am -12:30pm			
Saturday	**Ryan, across from BG towers** 1st Sat. of month 9am *(270) 418-5230*	**Madison Ave. General Baptist Church** 1617 Madison st 2nd & 4th Sat of month 9am (*615) 708-0909*	**Maria Flood & group** Across from BG towers 3rd Sat of month 9am	**Next Level Church** *Grab-n-go meal* 1405 Veterans Memorial Ln 3rd Sat of month 9:30am -11am
Sunday	**Outside Wellness Connection (BG neighbors)** 1 or 1:30pm Call to volunteer *615-581-7106*			

Meals on Wheels (over 60 years old) ….. 270-782-9223

Food Stamp Office, DCBS, SNAP Benefits…… 855-306-8959

Daytime winter warming centers:

Salvation Army 400 West Main *(270) 843-3485*	**Wellness Connection** 428 Center Street Tues – Thurs. 10am-4pm *(270) 901-5463*	**The Capitol** 416 E Main Ave

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**

Updated: 10/30/25 https://www.bghelps.org/

Storm Shelter:

Ephram White Park (2 shelters) 885 Mt. Olive Road
Ed Spears Park (1 shelters) 226 Sunset Drive
Phil Moore Park (1 shelters) 7101 Scottsville Road
Basil Griffin Park (2 shelters) 2055 Three Springs Road
Michael Buchanon Park (2 shelters) 9222 Nashville Road

Overnight winter shelter:

Redcross @ Jennings Creek elementary 2617 Russellville road
Room In The Inn (only open Nov. – March) 423 West Main Ave. (Life Navigation Center) *(270) 599-6401*
Salvation Army 400 West Main *(270) 843-3485* If temperatures are under 35 degrees doors will be open to all

Transitional Housing:

Salvation Army 400 West Main *(270) 843-3485*	**BRASS (Domestic Violence)** *270-781-9334* *270-843-1183*

Permanent Housing:

Housing Authority of BG 247 Double Springs Road *(270) 843-6071*	**Fair Housing** 491 Double Springs Road *(270) 782-7900*	**LifeSkills** 380 Suwannee Trail Monday – Thru. 7am-7pm Fri. 7am-5pm *(270) 901-5000*
Section 8 – Warren Co 177 Graham St. *(270) 782-7988*	**Habitat for Humanity** 813 College St. Suite 401 *(270) 901-0150*	
Section 8 – city of BG 1017 College St. *(270) 393-3663*	**HANDS** 1135 Adams Street *(270) 393-3000*	**HOTEL INC.** 1005 Boatlanding Road *(270) 782-1263*

Showers:

Parks & Rec. 225 E. 3rd Ave *(270) 393-3249* Monday – Fri. 7:30am - 4:30pm	**Bowling Green Christian Church** 1912 Smallhouse road *(270) 842-6231* office@bowlinggreenchristian.org
Life Navigation Center 423 West Main Ave. *(270) 843-3485*	

Laundry Service:

Life Navigation Center 423 West Main Ave. *(270) 843-3485*	

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**

Updated: 10/30/25 https://www.bghelps.org/

Financial assistance:

United Way of Southern KY 1110 College Street *(270) 843-3205*	**Community Action of Southern KY** 171 Center Street *(270) 782-4437* M-F 8AM-4PM	**BG Welfare Center** 429 East 10th Street Monday – Fri 8am-4:30pm *(270) 843-5340*
	LifeSkills 380 Suwannee Trail Monday – Thru. 7am-7pm Fri. 7am-5pm *(270) 901-5000*	

Family assistance:

Hope Harbor (abuse service) *Main Phone: (270) 782-5014* *Crisis Intervention, Warren County: (270) 846-1100* *24-Hour Crisis Hotline: (800) 656-4673*	**Hope Center for Pregnancy** Pregnancy testing, ultrasounds, counseling & post-abortion support, infant supplies *(270) 282-0255*
Barren River Area Child Advocacy Center: services for children who have been victims of sexual abuse *(270) 783-4357*	**Potter Children's Home & Family Ministry** Single parent housing & resources, foster care, counseling, etc. *(270) 843-3038*
Pregnancy Support Center Pregnancy testing, maternity & infant clothing, formula *(270) 781-5050*	**BRASS, Inc. (victims of domestic violence and dependents)** 24/7 CRISIS LINE: 1-800-928-1183 BUSINESS LINE: 1-270-781-9334 NON-RESIDENTIAL SERVICES: 1-270-632-4400

Transportation:

Hope House 112 W 10th Ave. *(270) 904-1200* M-F 9AM-4PM	**United Way of Southern KY** 1110 College Street *(270) 843-3205*	**LKLP** *(800) 245-2826* Call within 72 hours of need
GO bg Transit bus 304 East 11th Ave *(270) 782-3163* M-F 6AM-5:45PM	**Goodwill Cars to work** 1806 Nashville Road *(270)282-2223*	**Ron & Brenda's Transportation** (270) 634-1104
		TimeSavers (270) 792-5703
		Active Day (270) 597-8387
Arrive Alive (270)784-7079	**Adaptive Enterprise** (270) 746-9050 M-Sat	**Rick Wright** (270) 745-5008

Legal Services :

BG Human Rights Commission Inc. 491 Double Springs Rd *(270)782-7900*	**KY legal aid** 1700 Destiny Ln. Monday – Fri. 8:30am – 5pm *(270) 782-1924*	

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**

Updated: 10/30/25 https://www.bghelps.org/

Affordable or free Physical health:

FREE Street med clinic: 2nd wed. @ wellness connection (428 Center Street),
4th wed. @ LifeNav center. (423 West Main Ave.)

Warren Co. Health Department 1109 State St. Monday – Fri. 8am-4:30pm *(270) 781-2490* *(needle exchange & narcan)*	**One Stop Help Center** 636 US 31W Bi-pass Monday - Fri. 9am-5pm *(270) 698-9368*	**WKU Dental Hygiene Clinic** *(270)745-2426*
Medical Center 250 Park St EMERGENCY ONLY *(270)745-1000*	**Medical Center Urgent Care** 291 New Towne Dr *(270) 796-3500*	**The Dental Clinic** 740 East 10th Ave Monday – Thurs. 8am-4pm *(270) 781-9687*

Mental health, rehab &/or case management:

Wellness Connection 428 Center Street Tues – Thurs. 10am-4pm *(270) 901-5463*	**Treatment Hotline** (833) 859-4357	**Hope House** 112 W 10th Ave. *(270) 904-1200* M-F 9AM-4PM
KY Trauma Therapist M-F 8am-1pm (364) 203-9250	**Behavior Health Group** 1990 Louisville Rd suite 110 *(270) 782-2100*	**JourneyPure – Addiction treatment** 1901 Scottsville Rd M-F 8am-4:30pm (888) 862-5018
LifeSkills 380 Suwannee Trail Monday – Thru. 7am-7pm Fri. 7am-5pm *(270) 901-5000*	**Rivendell Behavior Hospital** 1035 Porter Pike *(270) 843-1199* *(800) 548-2621 (toll free)*	**Park Place Recovery Center** 822 Woodway St *270-901-5000* (men and women separate)

Call – Heart-usa for help on <u>medication expenses</u>. (270)538-5828

Deaf Resource:

LifeSkills 380 Suwannee Trail Monday – Thru. 7am-7pm Fri. 7am-5pm *(270) 901-5000*	**Kentucky Commission on the Deaf and Hard of Hearing** *502-416-0607 (Videophone)* *502-573-2604 (Voice Phone)* *502-372-2907 (Toll Free)* *800-372-2907*
First Baptist Church 621 E 12th Ave. *(270)842-0331*	**Living Hope Baptist Church** 1805 Westen St. *270-843-9462*

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **<u>Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com</u>**

Updated: 10/30/25 https://www.bghelps.org/

Education/work:

Hope House 112 W 10th Ave. M-F 9AM-4PM *(270) 904-1200*	**Goodwill Center for Education** 1806 Nashville Rd Monday – Fri 8am – 4:30pm *(270) 781-4930*
Path Forward of KY **(Disability assistance & job placement)** 730 Fairview Ave Suite B5 Bowing Green KY 42101 *(270) 599-0020*	**Kentucky Career Center** *(270) 746-7425* **KCTCS Ready to Work Program** *(270) 901-1011*
Temp. Agencies: Ahead Staffing: (270) 904-3777 Express: (270) 746-0509 Labor Finders: (270) 843-2313 People Ready: (270) 393-2270 Quality Personnel: (270) 782-2226 Elwood Staffing: (270) 904-1299 Randstad: (270) 393-7272 Focus Workforce Management: focusjobs.com	**Southcentral KY Community &** Technical College *(270) 901-1000* GED Prep, Citizenship, Literacy, Career Readiness Certificate *(270) 901-1087* **HOTEL INC.** 1005 Boatlanding Road *(270) 782-1263*

Thrift Store:

Ms. Annies Place 422 Conrad Ct. Tu & Th 9AM-11AM Donations Welcome	**Potter Childrens home (in gym)** 2350 Nashville Road Tues. 8am – 2pm *(270) 843-3038*	**Blessings** 112 Thomas Ct. Wed – Sat. 9am-4pm *(270) 991-6348*
St. Teresa 600 31W bypass Monday – Sat.10am – 6pm *(270) 904-1832*	**United Way of Southern KY** 1110 College Street *(270) 843-3205*	**Kiddos (kids clothing)** 1440 Campbell Ln Tue-Sat 10am-5pm *(270)843-9815*
Hope House 485 Glen Lily Road Tu – Sat 9AM-4PM *(270) 904-1200*	**Habitat for Humanity** 813 College St. Suite 401 *(270) 901-0150*	**Once Upon a Child (kids clothes)** 2945 Scottsville Road Monday-Sat. 9am-8pm Sunday 11am-6pm

International & Refugee Resources:

Recursos internacionales y para refugiados:

Community Action of Southern KY **(Acción comunitaria del sur de Kentucky)** 171 Center Street *(270) 782-4437* M-F (lunes – Viernes) 8AM-4PM	**Neighborhood & Community Services** **(Servicios comunitarios y vecinales)** International Liaison (enlace internacional) *270-393-3766* Email (correo electrónico): leyda.becker@bgky.org
International Center (Centro Internacional) 806 Kenton Street *(270) 781-8336* Monday – Fri. (lunes – Viernes) 8am – 4 :30pm	

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**

Updated: 10/30/25 https://www.bghelps.org/

Other Resources:

Hope House 112 W 10th Ave. *(270) 904-1200* M-F 9AM-4PM	**Community Action of Southern KY** 171 Center Street *(270) 782-4437* M-F 8AM-4PM	**HOTEL INC.** 1005 Boatlanding Road *(270) 782-1263*
Neighborhood & Community Services 707 East. Main Ave. *(270) 393-3000*	**Wellness Connection** 428 Center Street Tues – Thurs. 10am-4pm *(270) 901-5463*	**LifeSkills** 380 Suwannee Trail Monday – Thru. 7am-7pm Fri. 7am-5pm *(270) 901-5000*
988 Suicide & Crisis Lifeline	**United Way** **Dial 211** **Veteran Crisis Line** Text 838255	**National Call Center for Homeless Veterans** 877-424-3838
Matthew 25 **(HIV/AIDS resource)** 811 Fairview Ave. *(270)904-7029* **(food, housing, transportation)**	**Path Forward of KY** (Disability assistance & Medicaid waivers) 730 Fairview Ave Suite B5 Bowing Green KY 42101 *(270) 599-0020*	**Life Navigation Center** 423 West Main Ave. *(270) 843-3485*
Volunteers of America 730 college st. *270-282-0595*		

Please email if there are any new resources to add or update. The list will be updated twice a year, spring & fall. **Lydia.faith.ramsey@hotmail.com OR Lydia@skyengineeringmep.com**